

Clinical

Working together

A regular female patient in her early 50s presented following consistent complications with a crown and post on her upper right central incisor. For approximately four years, this crown had repeatedly come unattached due to insufficient tooth surface and support; myself and other practitioners had thus advised the patient to have the tooth removed before it failed completely.

Initial assessment

When the patient decided the time had come to seek a solution, all the possible options available were explained to her in detail. She decided to proceed with an extraction of the remaining tooth and placement of a single implant and restoration, as this would provide a permanent solution. Once the patient had had a chance to ask any questions, informed consent for treatment was acquired and recorded.

The initial assessment included the necessary radiographic, intraoral and photographic diagnosis and a plan was built around the specific needs of the patient.

Having not restored an anterior single implant crown

before, it was a real advantage for me to be able to liaise with Dr Martin Wanendeya from Ten Dental. With years of experience with dental implants, I was confident to refer my patient to him for the implant placement.

Surgery

The surgical procedure involved another clinical assessment when the patient visited Martin, and once he had checked the scans and was happy to proceed, an implant from Dentsply was placed in the upper right central area. Martin advised the patient to return to me for restoration.

Initial restoration

The patient returned to me three months after the insertion of the implant for her restoration. There was a temporary Maryland bridge in place. This was removed to reveal the healing abutment, which was unscrewed and the open tray impression was taken and the crown sent to be made by Uniqa Dental Laboratory in Fulham, London. She expressed concern about her impending trip

Selina Sufraz from Trinity Fields Dental recounts one of her early cases

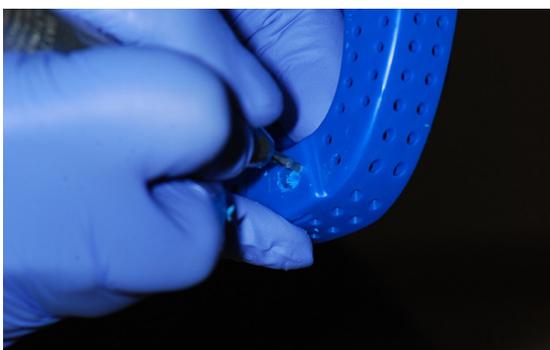
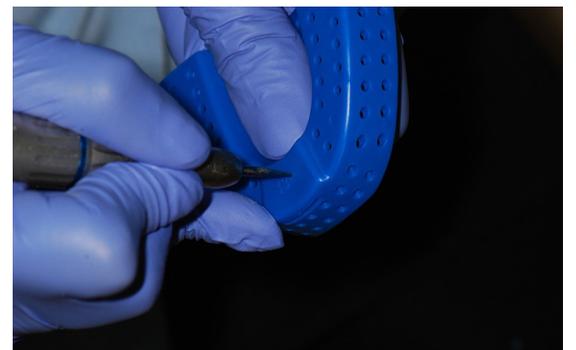
to Thailand and wondered if the implant crown should be fitted after the Thailand trip. We reassured her all would be fine.

Final restoration

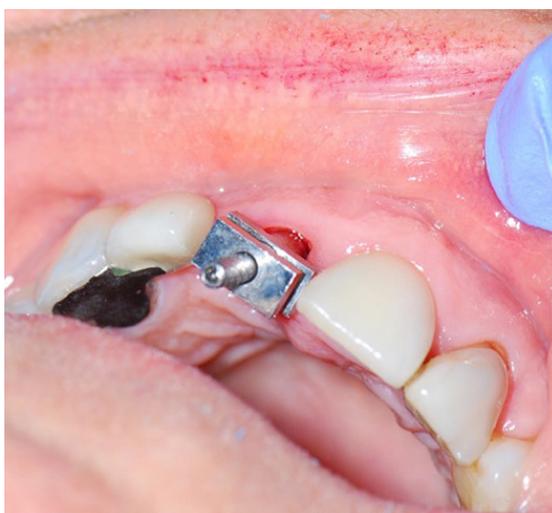
The patient returned one month later for the final fitting of the implant crown at around 10am on the morning of her flight to Thailand. Her Maryland bridge could not be tacked off and had to be drilled off. We encountered

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a problem during the process of fitting the restoration; the height of the location jig and the narrow aperture caused long screwdriver head to hit the location jig ▶



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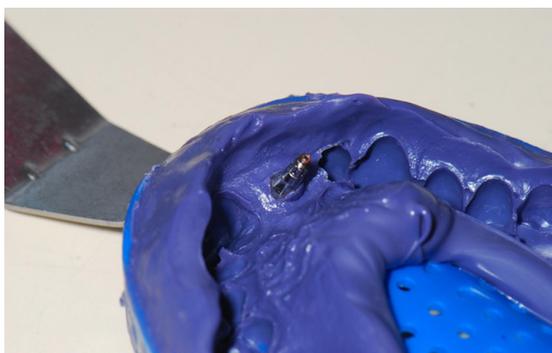
and prevent the actual tip of the screwdriver from going down. After some adjustment of the location jig the crown was torqued in.

However, the crown twisted slightly and sat at an incorrect angle. Despite efforts to remove and realign the crown, this was not ultimately possible, so a call was made to Martin at Ten Dental, who accommodated myself and the patient in Clapham. There, with his extended experience and skill, Martin was able to unscrew the crown and, under his supervision, I completed the restoration successfully.

Conclusion

After the tricky cementation visit, the patient was satisfied with the result of her treatment.

It was incredibly advantageous to be able to liaise with the experts at Ten Dental. Their support was key to learning how to best handle cases with which I had not yet become familiar, allowing me to improve my dentistry and expand the treatment I can make available to my patients, and also learn through the difficulties experienced in this case. **D**



Selina graduated from The Royal London Hospital in 1991. She worked extensively in family practices for the first eight years of her career, treating whole generations within a family-based practice in North London. After that she moved on to work

in London's Harley Street, finally settling in South London, after her marriage in 1999. Selina has over 23 years' experience in the dental field. She has undertaken extensive training, including a restorative dentistry course with Dr Mike Wise. She has also completed extensive training in cosmetic dentistry. Selina loves straightening out smiles with discreet braces and general dentistry. She likes to treat all patients in the same manner that she would like to be treated herself.

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